

TriCounty Wrestling Association

covers Atascadero, Lompoc Oxnard, Santa Ynez, Thousand Oaks, and surrounding areas. Association Contacts: Sergio Arturo Camacho-scamacho137@gmail.com

**"Once you've
wrestled, everything
else is easy."**

**-Dan Gable,
Olympic Gold Medalist
and two-time NCAA Champion**



**BUILD A BRIGHTER,
STRONGER FUTURE
FOR YOUR CHILD**



SUCCESS STARTS HERE™

Saturday Oct.7, 2023

Dos Pueblos High School
7266 Alameda Ave
Goleta, CA 93117
Contact person:
Matt Bernard
607-339-7659

Saturday Oct.21, 2023

Thousand Oaks High School
2323 N Moorpark Road
Thousand Oaks, CA 91360
Kerry Lyne 805-428-3271
tohswrestling@hotmail.com

Sunday Oct.29, 2023

Oxnard High School
3400 W. Gonzalez Rd.
Oxnard, Ca
Contact Andrew Mostowa
805-432-3296

Saturday Nov.4th, 2023

Pacifica High School
600 E. Gonzales rd.
Oxnard, CA
Contact person: Joe Rodriquez
661-208-1403



Tri-Counties Wrestling Association

-All TCWA tournaments are USA sanctioned tournaments with site/event insurance.

-Age groups: varies by host (see each event for age groups)

-Weight classes: weights are pooled based on participants, 5 and under round robins, over 5 brackets, we do not allow athletes to wrestle two weights in same age group.

Home Weigh-ins for preregistration or walk up see details below.

TCWA highly discourages weight loss. Your child will be pooled with athletes similar to their weight. We will spot check kids day of tournament, kids must be within 3 lbs of weight entered during pre-registration, if overweight Coach and Wrestler will be pulled from tournament (no refund). 2nd offense Coach and wrestler will be suspended for season.

Pre-registration

- trackwrestling.com
- deadline 8pm night before event
- \$15

Morning of registration in person:

- Walk up at high school
- All 7:00-8:00 am
- \$20

Weigh in/Check in:

- Those preregistered will enter weight online and we will spot check weights at event.

• Unregistered athletes will weigh in at walk up registration 7-8am
Bracket validation- we will validate brackets by having athletes check in to scratch any no shows from preregistration or make any corrections prior to start of wrestling. All preregistered athletes must check in by 8:30am on morning of event. Failure to do so will result in you not being placed in a bracket.

Wrestling Start Time: 8am mats open for warm up/ 9am start matches all age groups

*USA Cards will be required to wrestle.

All wrestlers must show their card at each tournament.

Coaches must show current USA card to get wristband to coach mat side.

